

CERTIFICATE OF PARTICIPATION

This is to certify that

Karen Cowley

Has successfully participated & completed the

8km Shift Winter Trail Series - Race 1 of 3

held at Walter Sisulu Garden.

TIME 01:30:42

PACE 11:19/km **OVERALL** 61 of 80

GENDER 30 of 45 OPEN 24 of 35



outLime

Signature

Date